



**Children's University
School of Nutrition and Health
Department of Home Science
Gandhinagar.**

**ACADEMIC
YEAR
2020-2021**

P.G.Diploma in Nutrition and Dietetics

Year	I	Course Type: Core Compulsory Course No: NDC 203 Course Title: Practical-1	Credits	4
Semester	II		Hours/wk	8
COURSE CONTENT / SYLLABUS- Practical				
Unit I	<p style="text-align: center;">Community Nutrition I</p> <ol style="list-style-type: none"> 1. Training in all assessment techniques applicable for individuals and community, including ones used for hospital – based patients, Validity and reliability of these techniques. 2. Community based project for assessment of nutritional status of any vulnerable group. 3. A small evaluation study of a nutrition project. 			
Unit II	<p style="text-align: center;">Community Nutrition II</p> <ol style="list-style-type: none"> 1. Visit and training in health care Centre run by Government Health Department. 2. Planning, conducting and evaluating nutrition education programmes (in a village/community- through, Demonstration puppet show, skit etc.) for vulnerable group- <ul style="list-style-type: none"> • Children • Adolescent girl and boy • Pregnant women • Lactating mothers 			
Unit III	<p style="text-align: center;">Dietetics & Diet Counseling I</p> <ol style="list-style-type: none"> 1. Dietary Management in GI Disorders 2. Dietary Management in Gout and Diabetes Mellitus 3. Dietary Management in Coronary Heart Diseases 4. Dietary Management in Liver and Renal Diseases 			

Unit IV	Dietetics & Diet Counseling II
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| | <ol style="list-style-type: none">1. Visit to a pathology lab2. General , Reference Values and Interpretations<ul style="list-style-type: none">• Hemoglobin• Blood glucose• Serum total cholesterol• Serum triglyceride• Albumin test• Bilirubin test• Kidney function taste |
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