

		<b>Children's University</b> <b>School of Nutrition and Health</b> <b>Department of Home Science</b> <b>Gandhinagar</b>		<b>ACADEMIC</b> <b>YEAR</b> <b>2020-21</b>	
<b>M.Phil Home Science</b>					
<b>Year</b>	<b>I</b>	<b>Course Type: Elective Course</b> <b>Course No: MHE-103</b> <b>Course Title: Family Studies and Education</b>		<b>Credits</b>	<b>4(4+0)</b>
<b>Semester</b>	<b>I</b>			<b>Hours/wk</b>	<b>4</b>
<b>Objectives</b>		<ul style="list-style-type: none"> <li>• To understand family as a socio –cultural million and contact.</li> <li>• To familiarize students with development perspectives in family and life cycle.</li> <li>• To realize and appreciate universals and variations in family life patterns across cultures sub –culture.</li> <li>• To creat awareness regarding philosophy, structure, funcation, need and strengths of families with specific reference to the Indian Family.</li> <li>• To understand the various crisis, its effects and preventive measures for it's in family.</li> </ul>			
<b>COURSE CONTENT / SYLLABUS- THEORY</b>					
<b>Unit I</b>		<b>Family</b> <ul style="list-style-type: none"> <li>• Family as component of social structure and context.</li> <li>• Family as an involving and dynamic institution.</li> <li>• Types of family.</li> <li>• Function of family.</li> </ul>			
<b>Unit II</b>		<b>Marital and family relationship</b> <ul style="list-style-type: none"> <li>• Marital adjustment and satisfaction.</li> <li>• Interaction Pattern throughout the family life cycle.</li> <li>• Approaches and theories in family studies.</li> </ul>			
<b>Unit III</b>		<b>Family stress and crisis</b> <ul style="list-style-type: none"> <li>• Introduction</li> <li>• Definition</li> <li>• Types and Causes of crisis.</li> <li>• Divorce as crisis: reasons, effects.</li> <li>• Widowhood as crisis.</li> <li>• Aging as a crisis.</li> </ul>			
<b>Unit IV</b>		<b>Family crisis And Mechanism</b> <ul style="list-style-type: none"> <li>• Dual career of women as a crisis.</li> <li>• Pre and post marital affairs as a family crisis.</li> <li>• Desecration as a crisis.</li> <li>• Mechanism for resolution of family crisis.</li> </ul>			
		<b>References:</b> 1. Ahuja R (1997). India Social System (second Edition) Jaipur,Rawat. 2. Bharat S & Desai M (1995) Indian Bibliographies on the family: Bombay: Tata			

Institute of Social sciences.

3. Bharat S (1996) Family Measurement in india,New Delhi sage.

4. Shriram R (1993) Family Studies in India Appraisal and New Directions.

5.T.S.saraswati & B Kaur (Eds.) Human development & family Siudies in india.An agenda or Research & Policy, New Delhi Sage.

6.'KUTUMBKALYAN'- A.G .Shah & J.K.Dave.

7. 'SAMAJ SHASTRA NA MUL TATVO'-Tara Patel.