



**DETAILED SYLLABUS of M. A. EDUCATION
FIRST SEMESTER**

MAEduE-112 GUIDANCE AND COUNSELLING

COURSE OBJECTIVES:

The Students will be able to:

- Understand the concept of counseling
- Understand the process and strategies for effective counseling.
- Learn the various techniques and skills required for effective counseling.
- Understand about the qualities and competencies for an effective counselor.
- Understand the psychological approaches of counselling.

UNIT	COURSE CONTENTS	Credit
1	Introduction to Guidance Process	1
1.1	Concept and Definition of Guidance	
1.2	Objectives of Guidance at School Level	
1.3	Basic Assumption of Guidance	
1.4	Need for Guidance for at School Level	
2	Types and Principle of Guidance	1
2.1	Types of Guidance: Educational, Vocational and Personal	
2.2	Principles of Guidance according to Crow and Crow and its application in the classroom learning	
2.3	Difference between Guidance and Counseling	
2.4	Role of teacher in Guidance	
3	Fundamentals of Counseling	1
3.1	Concept and Definitions and Characteristics of Counseling	
3.2	Basic assumptions and Principles of Counseling	
3.3	Types of Counseling Approaches (Directive, Non-Directive and Eclectic) of Counseling	
3.4	Role and characteristics of good Counselor	
4	Counseling: Process, Techniques and Skills	1
4.1	Steps of Effective Counseling Process	
4.2	Factors effecting Counseling Process	
4.3	Introductory techniques, Non-verbal Communication, Attentive Behaviors, Acceptance Technique	



4.4	Reflective techniques, Interpretation Techniques, Directive techniques, Questioning techniques	
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