

CHILDREN'S UNIVERSITY COURSE TEMPLATE

1. Academic Learning Compact/Academic Learning Plan (ALC/ALP)

Course Title : Child Psychopathology	
Course Code: MAPSYEC-304 A	No. of Credits: 04
Department/Discipline: Psychology	Faculty: 01
Learning Hours: 60 Lect./Lab./Tuto./Gr.Study/Pri.Study	
Student Quota : 35	
Course Type : Elective Core/Elective/Foundation	
N Offered in Academic Year: 2018-19	Odd Semester: III

2. Course Objectives

<ol style="list-style-type: none"> 1. To develop understanding of the various manifestations of psychopathology. 2. To impart knowledge about the normality and abnormality. 3. To make students understand the nature and cause of various abnormal conditions.

3. Course Content

Unit	Topics	Content/ Fundamental Concepts	Unit wise SLO
1.	Introduction and Theoretical Perspective on Maladaptive Behaviour	1.1 What is Psychopathology/ Abnormal Psychology? 1.2 The Range of Abnormal Behaviour 1.3 Perspectives on abnormal behavior - The Biological Perspective - The Psychological Perspective - The Behavioural Perspective - The Cognitive Perspective 1.4 The Multiaxial Approach: DSM	Know about introduction and theoretical perspective on maladaptive behaviour.

2.	Anxiety Disorder and Stress Disorder	2.1 The experience of anxiety 2.2 Generalized Anxiety Disorder 2.3 Obsessive-compulsive disorder 2.4 Panic Disorder 2.5 Phobias 2.6 Posttraumatic Stress Disorder 2.7 Clinical Reaction to Stress <ul style="list-style-type: none"> - Adjustment Disorder - Acute Stress Disorder - Dissociative Disorder 	Students will know about Anxiety Disorder, Stress Disorder.
3.	Schizophrenia, Other Psychotic Disorder	3.1 Psychotic Disorder 3.2 Schizophrenia 3.3 Schizophrenic Spectrum Disorder 3.4 The Development of Schizophrenia 3.5 Studying Vulnerability in Schizophrenia 3.6 Therapeutic Approaches 3.7 Other Psychotic Disorder <ul style="list-style-type: none"> - Schizoaffective disorder - Delusional Disorder - Shared Psychotic Disorder 	Students will know about Schizophrenia, Other Psychotic Disorder.

4.	Disorder of Childhood, Pervasive Development Disorder and Mental Retardation	4.1 Externalizing Disorder 4.2 Internalizing Disorder 4.3 Other Childhood Disorder 4.4 Therapy for Children and Adolescents 4.5 Pervasive Developmental Disorder 4.6 Mental Retardation (In brief)	Know about Disorder of Childhood, Pervasive Development Disorder and Mental Retardation and Sexual Variants.
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4. Course Teaching & Learning Activities

Lectures (hrs) In/out of Class	Interactive Tutorial (hrs) In/Out	Laboratory (hrs)	Case Discussion (hrs)	Field Trip (hrs)	Projects (hrs)	Web Based Learning (hrs)	Others (hrs)
45	03	NA	03	03	03	03	--
M	O	NA	O	O	O	O	--

M- Mandatory Activity for the course, O-optional Activity, NA-not applicable

5. Assessment Schemes (including rationale)

Task	Time	Description	Weight
1. Group Projects & Seminar Presentation	-	-	05
2. Assignments	-	-	05
3. Internal Exam	-	-	20
4. Final Exams	-	-	70

6. Course Schedule

Class/Week	Date	Topic	Requirements
01 to 04	Jun -July	Unit-I	Appeared in semester- III
05 to 08	August	Unit-II	
09 to 12	September	Unit-III	
03 to 15	October	Unit-IV	

7. Recommended learning Resources

1. Handouts
2. Textbooks/e books
3. Reference books
4. On Line Resources
5. Question Bank

8. Reference Book

1. Sarason I. G. and Sarason B.R. (2005) Abnormal Psychology : The Problem of maladaptive Behavior, 11th Edition (2005), Prentice- Hall of India Private LTD, New Delhi
2. Adams, P. B., & Sutker, H. E. (2001). Comprehensive handbook of psychopathology (3rd ed.). New York: Springer.
3. Craighead, W. E., Miklowitz, D. J., & Craighead, L. W. (2008). Psychopathology: History, diagnosis and empirical foundations. New York: John Wiley and Sons.
4. Hersen, M., & Beidel, D. (2012). Adult psychopathology and diagnosis (6th ed.). New York: Wiley.
5. Sadock, B. J., & Sadock, V. A. (2015). Kaplan and Sadock's synopsis of psychiatry (11th ed.). PA, USA: Lipincott, Williams and Wilkins.
6. Millon, T., Krueger, R. F., & Simonsen, E. (2011). Contemporary directions in psychopathology. New York: Guilford Press.

CHILDREN'S UNIVERSITY COURSE TEMPLATE

1. Academic Learning Compact/Academic Learning Plan (ALC/ALP)

Course Title : Positive Psychology	
Course Code: MAPSYEC-304 B	No. of Credits: 04
Department/Discipline: Psychology	Faculty: 01
Learning Hours: 60 Lect./Lab./Tuto./Gr.Study/Pri.Study	
Student Quota : 35	
Course Type : Elective Core/Elective/Foundation	
N Offered in Academic Year: 2018-19	Odd Semester: III

2. Course Objectives

<ol style="list-style-type: none"> 1. To provide information about subject matter of positive Psychology 2. To provide conceptual aspects of positive psychology 3. To recognize what contributes/does not contribute to happiness 4. To recognize the role of positive emotions and traits in enhancing happiness 5. To understand the right kind of vocation, relationship, and values in life that enhances one's well-being
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3. Course Content

Unit	Topics	Content/ Fundamental Concepts	Unit wise SLO
1.	Introduction to Positive Psychology	1.1 What is positive Psychology? - Positive psychology Assumptions, Goals and Definition 1.2 Relationship - Health Psychology - Clinical Psychology	Students will know about Positive psychology. Understand the relationship in Health Psychology Clinical Psychology

		- Development Psychology	and Development Psychology.
2.	Positive Emotions and Wellbeing	<p>2.1 What is Happiness</p> <ul style="list-style-type: none"> - Hedonic Happiness - Eudemonic Happiness <p>2.2 Wellbeing</p> <ul style="list-style-type: none"> - The Hedonic Basis of Happiness - Measuring subjective Wellbeing - Definition and Causes of Happiness and Wellbeing <p>2.3 Positive Emotions and Wellbeing</p> <ul style="list-style-type: none"> - What are positive emotions? - Focus on theory: The Broaden and Built Theory of positive emotions - Happiness and positive behavior - Positive emotions and Success 	Students will know about What is Happiness and Wellbeing.
3.	Happiness and the fact of life	<p>3.1 Happiness across the life spam</p> <ul style="list-style-type: none"> - Gender and Happiness - Positive moods and Behavior <p>3.2 Marriage and Happiness</p>	Students will know about Happiness across the life span and Marriage and Happiness.

		<ul style="list-style-type: none"> - Benefit of marriage - Selection effects 	
4.	Personal Goals as windows to Well-being	<p>4.1 Why are Personal Goals?</p> <ul style="list-style-type: none"> - Defining personal Goals - Goals and Related Motivational Concept - Measuring Personal Goals - Goal Organization <p>4.2 The Search for Universal Human Motives</p> <ul style="list-style-type: none"> - Goals Expressing Fundamental Values - Personal Goals Across Culture <p>4.3 What Goals Contribute Most to Wellbeing</p> <ul style="list-style-type: none"> - Goals progress Achievement and impotence - The matching Hypothesis 	To know about Culture and wellbeing.

4. Course Teaching & Learning Activities

Lectures (hrs) In/out of Class	Interactive Tutorial (hrs) In/Out	Laboratory (hrs)	Case Discussion (hrs)	Field Trip (hrs)	Projects (hrs)	Web Based Learning (hrs)	Others (hrs)
45	03	NA	03	03	03	03	--
M	O	NA	O	O	O	O	--

M- Mandatory Activity for the course, O-optional Activity, NA-not applicable

5. Assessment Schemes (including rationale)

Task	Time	Description	Weight
1. Group Projects & Seminar Presentation	-	-	05
2. Assignments	-	-	05
3. Internal Exam	-	-	20
4. Final Exams	-	-	70

6. Course Schedule

Class/Week	Date	Topic	Requirements
01 to 04	December	Unit-I	Appeared in semester- IV
05 to 08	January	Unit-II	
09 to 12	February	Unit-III	
13 to 15	March	Unit-IV	

7. Recommended learning Resources

1. Handouts
2. Textbooks/e books
3. Reference books
4. On Line Resources
5. Question Bank

8. Reference Book

1. Baumgardner, S.R. and Crothers M.K. (2009) Positive Psychology, Pearson New Delhi.
2. Seligman M.E.P. and Csikszentmihalyi (2009), Positive Psychology: An introduction, American Psychologist.
3. Argyle m. (2000) The psychology of Happiness (2nd Edition) Great Britain Routledge .
4. Myers, D.G. (1992) The pursuit of happiness. New York: Avon Books.
5. Diener, E and Suh, E, M. (Eds.) (2000) culture and subjective well - being. Cambridge: MIT Press.

CHILDREN'S UNIVERSITY COURSE TEMPLATE

1. Academic Learning Compact/Academic Learning Plan (ALC/ALP)

Course Title : Adolescences Psychology	
Course Code: MAPSYEC-304 C	No. of Credits: 04
Department/Discipline: Psychology	Faculty: 01
Learning Hours: 60 Lect./Lab./Tuto./Gr.Study/Pri.Study	
Student Quota : 35	
Course Type : Elective Core/Elective/Foundation	
N Offered in Academic Year: 2018-19	Odd Semester: III

2. Course Objectives

<ol style="list-style-type: none">1. Demonstrate an understanding of theories, methods and research findings of Adolescents psychology.2. To explain how people change in terms of their cognitive, physical, social, & emotional development.3. Critically evaluate classic and current research on multiple aspects of Human development.4. Identify several of the factors that put people at increased risk for developing psychological problems at every stage of the lifespan.
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3. Course Content

Unit	Topics	Content/ Fundamental Concepts	Unit wise SLO
1.	Puberty	1.1 Introduction and Characteristics of Puberty 1.2 Criteria and Cause of Puberty 1.3 Age of Puberty 1.4 Puberty Growth Spurt 1.5 Body Changes at Puberty 1.6 Effects of Puberty Changes	Students know about Criteria and Cause Puberty. Know about Important factors of Puberty.

		<p>1.7 Effects of Deviant Maturity</p> <p>1.8 Sources and Hazards of Puberty Unhappiness at Puberty</p>	
2.	Adolescence	<p>2.1 Introduction and Characteristics of Adolescence</p> <p>2.2 Developmental Tasks of Adolescence</p> <p>2.3 Physical, Emotionally and Social Changes during Adolescence</p> <p>2.4 Some Adolescence Interests</p> <p>2.5 Changes in Morality during Adolescence</p> <p>2.6 Sex Interests and Sex Behaviour during Adolescence</p> <p>2.7 Approved Sex Roles during Adolescence</p> <p>2.8 Family Relationships during Adolescence</p>	<p>Student will know about various Information about Adolescence.</p>

3.	Early Adulthood: Personal and Social Adjustment	3.1 Characteristics of Early Adulthood 3.2 Developmental Tasks of Early Adulthood 3.3 Changes in Interests in Early Adulthood 3.4 Social Mobility in Early Adulthood 3.5 Sex-role Adjustment in Early Adulthood 3.6 Personal and Social Hazards of Early Adulthood	Students will know about Developmental Tasks of Early Adulthood. Know about Social Mobility in Early Adulthood. Know about Sex-role Adjustment in Early Adulthood.
4.	Early Adulthood: Vocational and Family Adjustment	4.1 Vocational Adjustment 4.2 Marital Adjustment 4.3 Assessment of Marital Adjustment 4.4 Adjustment of Singlehood 4.5 Hazards of Vocational and Marital Adjustment during Early Adulthood	Students will know about Vocational and Marital Adjustment. Know about Hazards of Vocational and Marital Adjustment during Early Adulthood.

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6. Course Schedule

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03 to 15	October	Unit-IV	

7. Recommended learning Resources

1. Handouts
2. Textbooks/e books
3. Reference books
4. On Line Resources
5. Question Bank

8. Reference Books

1. Hurlock E.(1980). Developmental Psychology: A Life-Span Approach (eighteen Edition)Mc Grow Hill New Delhi
2. Berk Laura E. (2003). "Child Development " (Sixth Edition) Pearson Education (Indian Edition) New Delhi
3. Santrock J.W (2004). life span Development Tata Mc Grow Hill New Delhi
4. Tripathi, l. & Panday, s. (2009). 'The psychology of human development' (first edition), concept publishing company new Delhi.