**Semester-1**

**MSW CC-101Society and Social Work**

**Objectives:**

* Understand the history of evolution of social work profession, both in India and the west.
* Gain information about contemporary ideologies of social work and social change.
* Develop skills in ethical decision-making at macro and micro levels.
* Understand the values of social work and consciously apply those in practice.
* Develop insights into the origin and development of ideologies/approaches to social change.
* Develop skills to understand contemporary reality in its historical context.
* Understand self as a part of own environment and explore own assumptions, ideas and values to develop sensitivity to marginalization of vulnerable groups.

**Unit: I** **Social work:**

* Definition and objectives of Social Work
* Principles, Philosophies and Scope of Social Work especially of Child Centric Social work
* History and Development of Social Work in UK, USA and Bharat

**Unit: II Introduction to Child-Centric Social Work**

* Understanding the Nature of **Social Work in Child Welfare**
* Process of Child-Centric Social Work: Assessment, Intervention, and Evaluation
* Social Reform and Professional Social Work: Contribution of Social Reformers in 19th and 20th Century in the development of Professional Social Work in India

**Unit: III Chapter 3: Social Work as a Profession Focused on Children in India**

* Core Values and Competencies in **Child-Centric Social Work**
* Ethical Guidelines and Code of **Conduct for Practitioners Working with Children**
* Challenges and Opportunities in Child-Centric Social Work Practice in the Indian Context

**Unit: IV Evolution of social work in India:**

* Socio-religious reform movement, Bhakti movement, Christian missionaries, Rural reconstruction programmes, Professionalization of social work in India.
* Social work education: Content, training, supervision, problems and challenges.
* The Poor Laws, Settlement Houses, Charity Organization Society

**Unit: V Methods of Social Work**

* *Social Case Work:* Development, components, Role of Case Worker, Phases of Social Case Work
* *Social Group Work*: Group Process, Historical Development of Group work, Group Work Recording
* *Community Organization:* Basic Concepts & trends, Community Development, Components for Development

**References:**

* Agnew, E. N. (2004). From charity to social work: Mary E. Richmond and the creation of an American profession (Vol. 13). Urbana and Chicago: University of Illinois Press.
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* Payne, M. (2015). Modern social work theory. New York, NY: Oxford University Press.
* Skidmore, R. A., & Thackeray, M. G. (1982). Introduction to social work. Englewood Cliffs, NJ: Prentice Hall.
* Trevithick P (2005). Social Work Skills: A Practice Handbook. Maidenhead: Open University Press

**Semester-1**

**MSW CC-102 Introduction to Human Development and Family**

**Objectives:**

* Understanding Human Development Theories
* Exploring Family Dynamics
* Examining Social and Cultural Influences
* Applying Developmental and Family Theories to Social Work Practice
* Promoting Cultural Competence and Ethical Practice

**Unit: I Human Growth and Development**

Meaning of

growth and Development, Approaches to study of Human Development,

Principles of Human Development, Biological influences of Human Growth

and Behaviours, Personality Theories, Psychodynamic and Behavioural

Theories.

* Meaning and definition of Growth and Development, Approaches to study human Development
* Principles of Human Development, biological influences of Human Growth and Behaviour
* Theories: Personality theories, Psychodynamic and Behavioural

**Unit: II Developmental stages and Health and Hygiene**

* Medical, Psychiatry and Child Care
* Attention-Deficit/Hyperactivity Disorder (ADHD), Anxiety, Oppositional Defiant Disorder (ODD), Conduct Disorder (CD), Tourette Syndrome: A children's mental disorder
* Obsessive-Compulsive Disorder (OCD)

**Unit: III Personality: Concept and Definition**

* Theories of Personality
* Structuring Personality, Types of Defense Mechanisms
* Developing Personality: Psychosexual Stages

**Unit: IV Health Problems in India**

* Communicable Diseases, Non-communicable Diseases
* Mental Health and Child Health, Types of mental health social workers
* Malnutrition and Healthy Food Habits

**Unit: V Community Health in India**

* State and National Government Schemes for Good Health
* Divyangjan and Health Care
* Preparedness of Social Workers in Community Health

**References:**

* "Development Through the Lifespan" by Laura E. Berk
* "Human Development: A Cultural Approach" by Jeffrey J. Arnett
* "Developmental Psychology: Childhood and Adolescence" by David R. Shaffer and Katherine Kipp
* "Public Health and Preventive Medicine in Canada" by Chandrakant Shah and John G. Hocking
* "Indian Public Health Standards (IPHS) Guidelines for Primary Health Centres" by Ministry of Health and Family Welfare, Government of India
* "Community Medicine: A Textbook for Health Sciences Students" by Praveen Kumar
* "Essentials of Community Medicine: A Practical Approach" by Parikshit Sanyal

**Semester-1**

**MSW CC-103 Social welfare Administration**

**Objectives:**

* To introduce the students to concepts of social welfare, policy and development
* To define the boundaries of social welfare policy and their relationship to social service delivery and social work practice.

**Unit: I** **Social Welfare Administration as a Discipline**

* Definition, meaning, concept of Social Welfare Administration
* Principles of Social Welfare Administration
* Tasks and Essentials of Social Welfare Administration

**Unit: II** **Welfare Organisations**

* Social Welfare and Governmental and Voluntary Agencies and Administrative structure
* Policy formulation in voluntary agencies and public agencies
* Opportunities and Problems of voluntary agencies.

**Unit: III Social Welfare Administration and its application in Centre and State Level**

* Administration of Central Social Welfare Board
* Establishment, functions of Commissioner for Schedules Tribes
* Welfare Schemes of State Government of Gujarat

**Unit: IV Application of Administrative Principles and Techniques to Social Work**

* Concept of POSDCORB
* Constitution of India
* Fundamental rights

**Unit: V INTRODUCTION TO SOCIAL POLICY**

* Definition, meaning and nature of social policy, Objectives of social policy
* Types of social policy, National Women’s policy, National children’s policy and National youth policy
* Tribal Policy, Policy for aged, Disability policy and Population policy

**References:**

* Social Work & Social Welfare Administration: Methods & Practices, Rameshwari Devi Ravi Prakash, Vol I & II 1998, Mangal Deep Publications, Jaipur.
* Social Welfare, Edited by A S Kholi, 1997, Anmol Publications, New Delhi.
* Social Welfare & Social Work, Jainendra Kumar Jha, 2002, Anmol Publications, New Delhi.
* NGO’s & Governmental Organisations-Role, Duties & Functions, N C Dobriyalsumit enterprises.
* Social Welfare Administration in India, Dr D R Sachdeva, KitabMahal Publications.
* NGO’s and Social Welfare-New Research approaches, David Lewis & N Ravichandra, Rawat Publication.
* Social Policy, John Baldock, Nick Manning &etal, Oxford University Press.
* Social Policy- Themes & Approaches, Paul Spicker, 2nd edition, Rawat Publication, Jaipur
* Social Policy & Social Work, A K Rizwi, Mohit Publication.
* Social Policyb& Social Work, David Denney, Oxford University Press.
* Policy Making in Government, edited by K D Madan, K Dinesh &etal, Publication Division, MIB, New Delhi

**Semester-1**

**MSW EC-104 Society: Structure and Social Change**

Course Objectives:

# Develop an understanding of society as a system of social relationship and various social processes.

# Develop capacity to analyze social stratification and social change in India by using relevant Theoretical concepts.

# Gain understanding of socio-cultural composition and divisions in India.

# Unit: I Society

* Concept, Definition and functions of Society

# Fundamental concepts Society Social organization: Groups, Communities, State

# Social Reforms

# Unit: II Types and foundations of Society

# Composition of Indian Society Pluralistic Nature, Unity in Diversity:

# Social, Cultural, Geographic, linguistic Religious and ethnic groups Division of Indian Society:

# Features of Tribal, Rural and Urban societies

# Unit: III Culture and Socialization

# Culture: Concept, characteristics, components, functions

# Socialization: Concepts, Agents, Importance and effects of faulty socialization

# Culture: Concept, characteristics, components, functions

# Socialization: Concepts, Agents, Importance and effects of faulty socialization

# Unit: IV Social Institutions

# Social institutions: Concept and types

# Marriage, Family, Religion- Their characteristics and Functions

# Social processes: Co-operation, Competition, Conflict, Accommodation and Assimilation

# Unit: V Stratification of Indian Society:

# Meaning, Types Caste, class and their characteristics

# Social change: Concept, Theories of Social change in India:

# Sanskritization and Westernization Modernization

**References:**

* Shankar Rao C.N. (2005)Sociology, S. Chand & co. Ltd, New Delhi
* Sharan, Raka (1991) A Handbook of Sociology, Anmol Publications, New Delhi
* Sharma K.R. (1997) Indian Society, Atlantic Publishers, New Delhi
* Ahuja R. (2002) Society in India, Rawat Publications, Jaipur
* Mukherjee R. (1991) Society, Culture Development, Sage Publication, New Delhi
* Singh U.S. (1998) Sociology, Priya Books, Allahbad
* Wallace Richard (1985) Allyn and Bacon I

**Semester-1**

**MSW EC-105 Child Development in Indian context (Panch Kosh)**

Course Objectives:

# To introduce Five Koshas – five levels of mind-body complex – Annamaya, Pranayama, Manomaya, Vigyanamaya and Anandamaya Kosha; for a holistic development of personality.

# Pedagogy and child development work hand in hand. It helps the student to think in different ways and move beyond the traditional methods of memorization and comprehension for learning.

# It invokes complex processes of learning among the students such as analyzing, creative thinking, and evaluation.

# Through play children develop a positive sense of self and values, knowledge and skills to lay foundations for the next phase of their lives.

# Understand the various techniques to deal with family and society to serve the child.

# Unit: I Family and Child Development

* Prevalent factors in child underdevelopment
* Understand the child, family and Society
* Concept of Indian Family and Society : Education in family and basic elements of Indian family system, Natural Characteristics of Child

**Unit: II Personality Development**

* Personality Development: Panchkoshatmak
* ‘Samskara’ and Samskara Process: From Birth to Five ears
* Indicators of Child Rearing for first five years and nurturing experiences in the home.

**Unit: III Holistic Child Development**

* Environment For Holistic Development of Child
* Educational and Physical facilities of ECCE centre
* Importance of Children’s Physical, Emotional Security and safety Friendly atmosphere for artistic Development.

**Unit: IV Annamaya Kosha and Pranamaya Kosha**

* Human Body and Pancha Karmendriyas
* Annamaya Kosha: Balanced diet and exercise for healthy body
* Pranamaya Kosha: Development of life force, Pranayam, Charucharya: Social Etiquettes

**Unit: V Manomaya Kosha and Vijnanamaya Kosha**

* Antahkarana and its functions, Pancha Gyanendriyas
* Manomaya Kosha : Controlling the Mana (mind)
* Vijnanamaya Kosha: Ability of discretion and decision making

**References:**

* पंचकोश विवेक,स्वामी परमहंस योगनान्द, https://ndl.iitkgp.ac.in/पर उपलब्ध
* Vivek Chudamani, Adi Shankaracharya, Swami Turiyananda (Sanskrit and English), Sri Ramakrishna Math, Mylapore, 2019
* Yoga The Path to Holistic Health: The Definitive Step-by-step Guide, B.K.S. Iyengar, Dorling Kingsley, London, 2021
* The Sacred Science of Yoga & The Five Koshas, Christopher Sartain, Create Space Independent Pub, 2015
* PanchaKosha: The five sheaths of the human being, Swami Nishchalanand, Kindle edition.
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* The Pentagon of Creation: As Expounded in the Upanishads, Ajai Kumar Chhawchharia, Create Space Independent Pub, 2015